

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	
					1	2
					Stuffed Pepper, Mashed Potatoes, Spinach, Wheat Bread, Gelatin	3
4	5	6	7	8	9	
Lemon Chicken with Gravy, Mashed Sweet Potatoes, Bermuda Blend, Wheat Bread, Vanilla Pudding	Meatloaf with Gravy, Mashed Potatoes, Brussel Sprouts, Rye Bread, Fruit Cocktail	Roast Turkey with Gravy, Stuffing, Cranberry Sauce, Italian Blend, Wheat Roll, Pineapple	Tortellini Alfredo, Peas, Carrots, Wheat Bread, Peaches	Cilantro Lime Chicken, Brown Rice, Broccoli, Rye Bread, Oatmeal Raisin Cookie, Split Pea Soup		
12	13	14	15	16		
Beef Stroganoff, Egg Noodles, Asparagus, Wheat Roll, Pears	**Baked Cod with Lemon Sauce, Mashed Potatoes, Spinach, Wheat Roll, Angel Food Cake	Roast Beef with Gravy, Mashed Sweet Potatoes, Italian Blend, Rye Bread, Mandarin Oranges	Pan Seared Pork Loin with Mushroom Sauce, Roasted Potatoes, Bermuda Blend, Wheat Roll, Cake, Garden Vegetable Soup	Chicken Salad Platter, Lettuce/Tomato, Rye Bread, Beets, Fruit Cocktail		
19	20	21	22	23		
Closed-Martin Luther King Jr. Day	Pepper Steak, Herbed Rice, Peas, Wheat Bread, Chocolate Pudding, Beef Barely Soup	Chicken Cacciatore, Brown Rice, Spinach, Rye Bread, Peaches	Turkey Tetrazzini, Carrots, Italian Blend, Wheat Roll, Oatmeal Raisin Cookie	Salisbury Steak with Gravy, Mashed Potatoes, Brussel Sprouts, Wheat Bread, Pineapple		
26	27	28	29	30		
**Rosemary Garlic Chicken with Gravy, Baked Potato, Light Sour Cream, Scandinavian Blend, Wheat Bread, Gelatin, Cream of Broccoli Soup	Sweet and Sour Pork Loin, Brown Rice, Asian Blend, Rye Bread, Pears	Chicken Parmesan, Pasta, Marinara Sauce, Asparagus, Wheat Roll, Fruit Cocktail	Pot Roast with Gravy, Mashed Potatoes, Spinach, Wheat Roll, Mandarin Oranges	Chicken Marsala, Herbed Rice, Italian Blend, Rye Bread, Brownie		
			**Meals on Wheels Alternatives (1/13): Chicken Francaise (1/26): Mashed Potatoes			

*All Meals Served with Milk and Juice

*Soups for Congregate Sites Only