Sussex County Department of Health & Human Services, Division of Senior Services

One Spring Street, 1st Floor, Newton, NJ 07860 973-579-0555 Fax: 973-579-0550 Email: seniorservices@sussex.nj.us

NEEDS ASSESSMENT SURVEY

As the Area Agency on Aging, the Sussex County Division of Senior Services is always trying to assess the need for supportive services among people **60 years of age and over**.

Please take a few moments to fill out both sides of this survey form. You need not give your name, but if you would like information, please include your name and address so that we can contact you. When you finish completing the survey, return it <u>no later than May 1, 2024</u>. Thank you for your input!

Living Situation: □ Alone □ With Spouse/Life Partner □ With Adult Child □ Other

☐ Married ☐ Widowed ☐ Separated/Divorced

□Rent Apartment/House □Subsidized Housing □

Gender:

Male | Female | Age: ____ | Town/City_____

Marital Status: □ Single

Residence: □Own Home

□ \$60,000 - \$75,000 □ Over \$75,000	ŕ	\$39,999	ŕ	\$59,999			
Ethnicity: □ African American □ Asian □ Caucasian	☐ Hispanic	☐ Other _					
For the following questions, indicate whether a given situation is or is not a problem for <u>YOU</u> , <u>personally</u> :							
	Not a	Sometimes	Frequently	Not			
	Problem	a Problem	a Problem	Applicable			
1. Health/Health Insurance							
a. Taking care of yourself (bathing, dressing, etc.)							
b. Obtaining home health services							
c. Discussing health related issues with your doctor							
d. Ability to participate in physical activity 3 times per week							
e. Ability to eat a balanced diet of lean meats,							
fruits/vegetables and whole grains.							
f. Accessing preventative health services (vaccines/screenings)							
g. Having adequate health insurance/dental coverage							
h. Having prescription coverage							
i. Understanding health insurance/prescription coverage							
j. Keeping up with medical costs							
2. Income							
a. Having enough money for food, shelter or clothing							
b. Ability to pay for heat and other utilities							
c. Knowing who to contact for help with household							
budgeting/finances							

	Not a	Sometimes a	Frequently a	Not	
2 11 1	Problem	Problem	Problem	Applicable	
3. Housing					
a. Cleaning/tidying your home					
b. Maintaining your home (shoveling, mowing, small repairs, etc.)					
c. Being able to pay for home repairs					
d. Obtaining affordable housing					
4. Safety/healthcare					
a. Avoiding accidents/hazards in the home (ex: falling)					
b. Access to in county non-emergency medical care.					
c. Ability to fill/take medication as prescribed.					
d. Having an emergency preparedness plan in place that others are aware of.					
5. Transportation					
a. Transportation for doctor visit, shopping, etc.					
b. Using public transportation (bus/rail)					
c. Driving my own vehicle wherever I need to go.					
6. Family Support/Caregiver					
a. Over the age of 60 and receiving care/assistance from an adult family member/friend					
b. Over the age of 60 and providing care to: An older adult (age 60+)					
c. A disabled child					
d. Grandchild (full responsibility)					
7. General Information					
a. Knowing where to turn for information on benefits/services/legal services/programs for seniors					
8. Substance Abuse/Tobacco					
a. Does substances/alcohol affect your daily life?					
b. Does the use of tobacco products affect your health?					
9. Mental Health					
a. Do mental health symptoms affect your daily life?					
b. Do you have access to social/recreational activities?					
Any additional comments?	1			I	
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If you would like someone to contact you for informing include your name and telephone number below:	nation rega	nrding service/b	enefits to seni	iors, please	
Name:	Telephone:				

Email Address: