

SENIOR SERVICES

RESOURCE DIRECTORY



County of Sussex
Department of Health and Human Services
DIVISION OF SENIOR SERVICES
One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0555
www.sussex.nj.us/seniorservices

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DIVISION OF SENIOR SERVICES

Lorraine Hentz, Director

**County of Sussex
Department of Health and Human Services
DIVISION OF SENIOR SERVICES**

OUR MISSION

The mission of the Sussex County Division of Senior Services is to empower older individuals, those 18 and older who are disabled, and/or their caregivers to choose from a coordinated system of services that enable seniors to live as independently as possible in their homes and in their communities while enjoying a dignified quality of life.

RESOURCE DIRECTORY FOR THE ELDERLY AND THEIR CAREGIVERS

We are pleased to provide this comprehensive “Senior Services Resource Directory” as just one of our mission-driven initiatives. This guide includes the most current information regarding a wealth of resources and support services available to seniors and their caregivers. This directory is also available at our web-site: www.sussex.nj.us/seniorservices

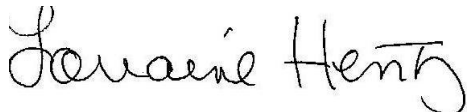
Those who are 60+ years of age may be eligible for a variety of these services that are funded by federal, state and county funds as well as private foundations and charities. Many services coordinated by the Sussex County Division of Senior Services are funded through Title III of the Older Americans Act.

Sussex County Division of Senior Services number: 973-579-0555
e-mail: seniorservices@sussex.nj.us

Our hours are Monday thru Friday, 8:30 am to 4:30 pm. Please feel free to contact us if we can be of further assistance. Our professional staff will be able to provide information, and referrals will be made to the appropriate programs or agencies if we are unable to provide the service needed directly through our office. We are also available to speak to community groups regarding the services provided through the Division of Senior Services.

We look forward to serving you!

Very truly yours,



Lorraine Hentz,
Director

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DISCLAIMER

Inclusion in this directory does not imply endorsement by the Sussex County Division of Senior Services.

ADVOCACY

Lawyers Referral Service

973-267-5882 (9:00 a.m. – 3:00 p.m.)

Fax: 973-605-8325

Email: www.morriscountybar.com

Provides a complete lawyer referral service for Sussex and Morris Counties. \$25.00 ½ hour consultation fee.

Legal Services of Northwest Jersey

18 Church Street, Suite 120

Newton, NJ 07860

973-383-7400

Fax: 973-383-3469

Website: www.lsnj.org/lsnwj

Provides legal assistance including welfare and social security issues, utility problems and shutoffs. Available for seniors age 60+, based on eligibility.

NJ Division on Civil Rights

973-648-2700

TTY: 973-648-4678

Website: www.nj.gov/lps/dcr

Provides information on retirement and age discrimination.

NJ Office of the Ombudsman

1-877-582-6995

Website: www.nj.dog/ooie

Email: ombudsman@advocate.state.nj.us

For the Institutionalized Elderly.

Disability Rights New Jersey

210 So. Broad St, 3rd Floor

Trenton, NJ 08608

1-609-292-9742

In NJ only 1-800-922-7233

TTY: 1-609-633-7106

Fax: 609-777-0187

Website: www.drnj.org

Provides protection and advocacy for people with disabilities in NJ.

Project Self-Sufficiency

127 Mill Street

Newton, NJ 07860

973-940-3500

973-940-3501

Email: pss@projectselfsufficiency.org

Offers a free 45-minute consultation with an attorney based on income guidelines.

Prosecutor's Office

19-21 High Street
Newton, NJ 07860
973-383-1570
Fax: 973-383-4929

Provides information and assistance under the Criminal Act for victims of crime who are 60 years old or older.

Public Defenders

20 East Clinton Street
Newton, NJ 07860
973- 383-9445
Fax: 973-383-9949

Public Guardian for Elderly

P.O. Box 812
Trenton, NJ 08625-0812
1-609-588-6500 – Fax: 1-609-588-7173
Website: www.state.nj.us/humanservices/doas/services

Adults serves as guardian or conservator for seniors who are unable to act on their own behalf and who have no family/friends willing to accept this responsibility.

Sussex County Surrogate

3 High Street, Suite 1
Newton, New Jersey 07860
973-579-0920
Fax: 973-579-0909

Website: www.sussex.nj.us
Email: surrogate@sussex.nj.us

Provides assistance in appointing Executors, Administrators and Guardians. Outreach program available for in-home and office visits.

ALCOHOLISM/ADDICTIONS

Addiction Hot Line (24 HOURS)

TOLL FREE: 1-844-276-2666

Alcoholics & Drug Hotline (National)

TOLL FREE: 1-800-662-4357

Provides information, referral, short-term counseling, educational material, a self-help directory, a lending library and FOCUS, a co-dependency educational support group.

Center for Prevention and Counseling

61 Spring Street, 3rd Floor

Newton, NJ 07860

973-383-4787

Fax: 973-383-6576

Email: info@centerforprevention.org

Provides literature and counseling. Speakers are available to senior citizen groups for information on Senior Sense Programs.

ALZHEIMER'S INFORMATION & SUPPORT GROUPS

Care 2 Caregivers HELPLINE: 800-424-2494

www.care2caregivers.com

Provides resources, referrals, information and supportive counseling to anyone caring for someone with memory loss. CALL for HELP.

Alzheimer's Association

225 N. Michigan Ave. Floor 17

Chicago, IL 60601

1-800-272-3900

Alzheimer's New Jersey

425 Eagle Rock Ave. #203

Roseland, NJ 07068

Helpline: 888-280-6055

Fax: 973-586-4342

1-800-883-1180 Multiple languages capability, 24/7

Website: www.alznj.org

Provides telephone helpline, information and referrals, locator program for lost patients, caregiver support groups, education and respite program.

Alzheimer's Project Lifesaver

973-579-0850 (Sussex County)

1-888-572-8566 (Alzheimer's Safe Return)

A program of the Division of Senior Services and the Sussex County Sheriff's Office. An Alzheimer's patient wears a bracelet that enables the Sheriff's Office to track a lost and wandering person quickly.

Caregiver Support Groups

Sussex County Division of Senior Services

One Spring Street, 2nd Fl., Newton, NJ 07860

973-579-0555 Ext. 1288 Fax: 973-579-0550

Zoom Meeting is held on 1st Friday of the Month from 2:00 p.m. – 3:00 p.m.

Contact phone number above to register.

Hopatcong Community Resource & Wellness Center

47 Hopatchung Rd., Hopatcong, NJ 07843

Meets on the 3rd Tuesday of each month from 5:30 p.m. – 6:30 p.m.

Alzheimer's Dementia Homes

AveCare at Newton – Alzheimer's/Dementia Home

85-1/2 Trinity Street, Newton, NJ 07860

(973) 362-1408 Fax: (973) 362-4528

Website: www.avecareatnewton.com

24 hour care and supervision, group daily activities, laundry and housekeeping.

ASSOCIATIONS/SOCIETIES

American Cancer Society (Sussex Unit)

Northwest NJ Region - Cedar Knolls

7 Ridgedale Ave, Suite 103

Cedar Knolls, NJ07927

Phone: (973) 285-8010

Fax: (973)285-8140

National Center: 1-800-227-2345 24/7

Website: www.cancer.org

Offers visitation programs, transportation and financial assistance.

American Diabetes Association

2451 Crystal Dr. #900

Arlington, VA 22202

1-800-342-2383

Website: www.diabetes.org

Email: AskADA@Diabetes.org

American Heart Association

1 Union Street, Suite 301, Robbinsville, NJ 08691

1-609-208-0020

Website: www.heart.org

American Red Cross

209 Fairfield Road

Fairfield, NJ 07004

Phone: (973) 797-3300

Website: <https://www.redcross.org/local/new-jersey/about-us/locations/fairfield-northern-new-jersey.html>

Arthritis Foundation

555 U.S. 1, Iselin, NJ 08830

Toll Free: 888-467-3112

732-283-4300

Website: www.arthritis.org

CLUBS, ASSOCIATIONS and RECREATION

American Association of Retired Persons (AARP)

601 E Street, NW
Washington, DC 20049
Toll Free: 1-888-687-2277
202-434-2277
Website: www.aarp.org

Offers travel service, discount privileges on car rentals, hotels and motels. Publishes monthly magazine. Lobbying group for older persons. Provides many more services for nominal annual dues.

NJ Division of Fish & Wildlife

501 East State Street, 3rd Floor
PO Box 420, Trenton, NJ 08625-0420
609-292-2965
Website: www.njfishandwildlife.com

Provides discounts for seniors on fishing and hunting licenses.

NJ Division of Parks & Forestry

800-843-6420
Website: www.njparksandforests.org

State Parks, Forests and Historic Sites provide free entry to individuals 62+. Apply at a State Park for a Senior Citizen Pass for free entry and free parking. Or come to Division of Senior Services in Newton for an application.

Clubs for Senior Citizens

*Contact your own municipality for information or call Senior Services at **973-579-0555**.*

Call your travel agent or individual airline for availability of senior discounts, coupon books, wheelchairs and special meals when traveling by plane.

CRISIS INTERVENTION

2-1-1 of Sussex County

NORWESCAP, Inc.

350 Marshall Street, Phillipsburg, NJ 08865

908-454-7000

Website: www.nj211.org

Free service providing easy access to the health, human services community resources, and government assistance people need every day as well as in times of crisis. Available 24 hours a day, 7 days a week.

Adult Protective Services

Sussex County Division of Social Services

83 Spring Street, Newton, NJ 07860

973-383-3600

Fax: 973-383-3627

After hours, call 911 or local police

Email: info@dss.sussex.nj.us

Senior citizens who are unable to act on their own behalf, and are the victims of abuse and/or neglect, may receive assistance through this program. Anyone who has information on possible abuse may call the Division of Social Services.

Domestic Abuse Services, Inc. (DASI)

P O Box 805, Newton, NJ 07860

973-875-1211 or 973-579-2386

Fax: 973-579-3277

Website: www.dasi.org

Email: info@dasi.org

Provides shelter for battered women

Family Promise of Sussex County

19 Church Street, Newton, NJ 07860

973-579-1180 Fax: 973-440-1839

Website: <http://familypromisesussex.com>

Provides emergency shelter and food for a short period.

Samaritan Inn

901 Swartwood Road, Newton, NJ 07860

973-940-8872

Website: www.samaritaninn.org

Email: Samaritaninndir@gmail.com

Provides emergency housing and food. Provides referrals for housing.

Sussex County Division of Social Services

83 Spring Street, Newton, NJ 07860

973-383-3600 x 5123 or 5124

Fax: 973-383-3627

Website: <https://sussex.nj.us/socialservices>

Email: info@dss.sussex.nj.us

Provides Medicaid, food stamps and emergency assistance.

DISABILITY SERVICES

Zufall Health Center (Dental and Medical Clinic)

238 Spring Street, Newton, NJ 07860

973-862-6650

Website: www.zufallhealth.org

Serves seniors and low-income families.

Delta Dental Senior Smiles Program at Morristown Medical Center

973-971-5442

Dental Home Services, LLC

800-842-4663

Geriatric home dental care

DAWN Center for Independent Living

34 White Lake Rd., Unit A, Sparta, NJ 07871

973-383-0870

TDD- 973-625-1932 Fax: 973-383-0641

Website: www.dawncil.org

Email Address: info@dawncil.org

*Information, Referral & Advocacy support for individuals with disabilities

Vision Loss Alliance of New Jersey

155 Morris Ave

Denville, NJ 07834

973-627-0055

Offers assistance (Independent Living Skills) to persons with visually related problems, based on financial need. Low Vision Occupational Therapy Services covered under Health Insurance.

National Federation of the Blind

1-410-659-9314 or 1-973-743-0075

NFB Newsline 1-888-882-1629

EyeCare America

1-800-222-3937

www.eyecareamerica.org

A program to match seniors (65+) with volunteer ophthalmologists for free medical eye exam. It is for those who have not seen an eye doctor in 3 years, are a US Citizen or legal resident, are 65 and older and do not belong to an HMO or the VA. There is no out-of-pocket expense.

New Eyes for the Needy

549 Millburn Ave.

Short Hills, NJ 07078

Website: www.New-Eyes.org

973-376-4903

Provides free eyeglasses to those who qualify.

Lighthouse International (New York City)

250 W 64th St.

New York, NY 10023

800-284-4422

Fax: 212-821-9707

www.lighthouseguild.org

Help Line for the Deaf

1-800-521-5247

For a relay call, Dial 711

National Association for the Deaf

1-301-587-1788

Fax: 1-301-587-1791

TTY 1-301-587-1789

New Jersey Division of Deaf & Hard of Hearing

NJ Department of Human Services

P.O. Box 74

Trenton, NJ 08625-0074

800-792-8339 or 609-588-2648

Personal Assistance Services Program (PASP)

973-579-0555 Ext. 1286 (Sussex County)

Toll Free New Jersey (1-888-285-3036)

If you are ages 18 -70, have a permanent physical disability; are employed, attending an educational or training program, or volunteering in the community; are living in the community; and are capable of directing and supervising your own services, you may be eligible to receive up to 40 hours of service per week, enabling you to maintain your independence in the community.

Personal assistants help with tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation on this PASP program.

101 Mobility: Experts in Mobility & Accessibility Solutions North New Jersey

315 Wootton Street Boonton, NJ 07005

973-794-6481

Northnewjersey.101mobility.com

Sales, Service & Installation of stair lifts, ramps, platform lifts, patient lifts, auto lifts & pool lifts

AM RAMP

www.americanramp.com

800-649-5

DRIVER SAFETY

The National Center on Senior Transportation has stated that, “Certain changes related to the aging process may make the highly complex skill of driving a car increasingly difficult. These include changes in vision, hearing, flexibility and strength. However, these changes are not consistent from one individual to another, and they do not happen at the same age in each person.”

The NCST (National Center on Senior Transportation) has recommended some steps to assure your ongoing safety as a driver. These include:

- Doing a self-assessment of your driving
- Taking a driver-refresher course
- Making adjustments in your automobile
- Changing your driving habits
- Getting an objective driving evaluation
- Consulting with a Driver Rehabilitation Specialist

Here are some web addresses that will take you more directly to the resources and websites :

AAA Club: <https://seniordriving.aaa.com>

AAA Roadwise Review Online: www.AAASeniors.com

Drive Safe: www.drivesafetoday.com

Resources:

Refresher: www.aarp.org/drive

Evaluation: <https://seniordriving.aaa.com>

Reaction: www.drivesafetoday.com

EDUCATIONAL PROGRAMS

DOROT University Without Walls

171 West 85th St, NY, NY 10024

877-819-9147

www.dorotusa.org

Low cost learning opportunities in the comfort of your own home. Over 100 courses available by phone in art, literature, history, current events, humor, music, health and wellness to name a few.

Literacy Volunteers of America, Sussex County

P O Box 453, Newton, NJ 07860

973-300-9444 Fax: 973-300-9444

Email: sussex@literacynj.org

Provides tutors to help adults learn to read. Teaches English as a second language. Welcomes volunteers.

Roadscholar (formerly known as Elderhostel)

11 Avenue DeLafayette, Boston, MA 02111-1746

1-800-454-5768

www.roadscholar.org

Offers an extensive variety of programs, courses held on college campuses and accommodations often at two to four stars hotels worldwide.

Rutgers Cooperative Extension Service

129 Morris Turnpike

Newton, NJ 07860

973-948-3040 Fax: 856-307-6476

Email: rcesc@njaes.rutgers.edu

Master Gardeners program.

Sussex County Community College

One College Hill, Newton, NJ 07860

973-300-2100

Website: www.sussex.edu

Discounted credit courses for those 65 and older. Two year degrees, enrichment courses and seminars are available.

Sussex County Vocational and Educational School

105 North Church Road, Sparta, NJ 07871

973-383-6700 Fax: 973-383-4272

Email: motoback@sussex.tech.nj.us

Educational and enrichment courses.

EMPLOYMENT ASSISTANCE

***Mandatory Retirement/Employment Age:** No employer may refuse to hire, employ, bar or discharge individuals for employment due to age. However, bona fide occupational age qualifications may be established and no employer is prevented from refusing to hire or promote an individual over the age of 70.*

Department of Community Affairs, Workforce 55+ Senior Citizen Employment Resource Specialist

Route 206 North (Sussex County Mall), Newton, NJ 07860

973-383-2775

Fax: 973-383-8350

Website: www.nj.gov/labor/wioa/workforce55/workforce55.html

Provides job training in non-profit organizations and placement in the private sector for those age 55+. Eligibility is based on income.

Pathstone Senior Community Service Employment Program

1-800-624-1432

Givelore Argant, Pathstone Agent - 609-624-1432

FINANCIAL SERVICES

Direct Deposit

Contact your local bank if you would like your Social Security, supplemental security income or any retirement check deposited directly to your personal account.

Money Management International

700 Allaire Rd.

Spring Lake Heights, NJ 07762

713-394-3232

Fax: 973-267-0484

Website: www.moneymanagement.org

Provides individual budget and debt counseling. Fees regulated by NJ Department of Banking.

FOOD AND NUTRITION PROGRAMS

CONGREGATE NUTRITION SITES: Participants enjoy socialization, recreational activities and a nutritious mid-day meal that meets 1/3 of the minimum Recommended Daily Allowance (RDA). Transportation is available to the sites by calling Sussex County Skylands Ride at **973-579-0480**. Meal reservations must be made **BY 10:00 a.m.** the day **before** by calling the specific location.

Franklin Senior Center

George Labance Lane, Franklin, NJ 07416
973-827-2973

Hopatcong Civic Center

32 Lakeside Blvd., Hopatcong, NJ 07843
862-206-5373

Vernon Senior Center

21 Church Street, Vernon, NJ 07462
973-764-5454
Fax: 973-764-5560

MEALS ON WHEELS

973-209-0123

Nutritious meals that meet 1/3 of the Recommended Daily Allowance (RDA) are delivered to the homebound.

Catholic Family & Community Services

48 Wyker Road, Franklin, NJ 07416
973-209-0123

Email: agingservices@embarqmail.com

Manna House

First Presbyterian Church
54 High Street, Newton, NJ 07860
973-579-6517

Provides free lunch to those with limited resources.
Monday through Friday 11:30 a.m. to 12:30 p.m.

Sussex County Division of Social Services

83 Spring Street, Newton, NJ 07860
973-383-3600 x 5123 Fax: 973-383-3627

Food coupons can increase the food purchasing power of eligible low-income household.

Mom's Meals: Home Delivered Meals

1-877-508-6667

Minimum order 7

\$14.95 flat rate shipping per order

Website: www.momsmeals.com

Schwan's Home Delivered Meals

www.schwans.com
1-800-245-8302

HEALTH ISSUES

Education, health screenings and a variety of programs are available at little or no cost to senior citizens. Contact your municipal Health Departments for available programs and services.

Sussex County Division of Health

201 Wheatsworth Road, Hamburg, NJ 07419
973-579-0370 Fax: 973-579-0399
Email: Health@sussex.nj.us

Sussex County Office of Public Health Nursing

201 Wheatsworth Road, Hamburg, NJ 07419
973-579-0570 x 1211 Fax: 973-579-0571
Email: scphn@sussex.nj.us

**HEALTH INSURANCE
MEDICARE/MEDICAID COUNSELING**

Medicaid

Sussex County Division of Social Services
83 Spring Street, Newton, NJ 07860
973-383-3600 x 5123 or x 5124
Fax: 973-383-3627

Original Medicare Parts A & B

Medigap Insurance
Medicare HMOs
Pharmaceutical Assistance
Questions regarding Medical Providers and Billings
1-800-633-4227
TTY 1-877-486-2048

SHIP (State Health Insurance Program)

Sussex County Division of Senior Services
One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0555 x 1223
Fax: 973-579-0550

Confidential, FREE assistance for Medicare/Medicaid beneficiaries provided by trained volunteers.

HOME HEALTH AND IN-HOME SUPPORT SERVICES

Above the Rest Home Care

514D Lafayette Road Sparta, NJ 07871
973-940-1881

All Ways Caring Home Care

350 Sparta Avenue, Suite 6B, Sparta, NJ 07871
973-370-2037

Website: www.AllWaysCaring.com

Medical and non-medical services including Home Health Aides, Companions, Chore Workers.

Atlantic Home Care & Hospice (formerly In Home Health Services)

465 South Street, Suite 100, Morristown, NJ 07960
973-379-8400

Medical services including nursing, therapies, home health aides, social workers. Medicare certified agency.

Atlantic Private Care

465 South Street, Suite 100, Morristown, NJ 07960
55 Newton-Sparta Road, Suite 108, Andover, NJ 07821
973-540-9000 Fax: 973-540-8816

Website: www.atlanticprivatecare.com

Home health care services, hourly, live-ins, nursing.

Bayada Home Health Care

8 South Morris St., Suite 301 Dover, NJ 07801
973-328-1790

Website: www.Bayada.com

Home health care services.

Caring Touch Home Care

8 Circle Drive
Sparta, NJ 07871
(862) 243-4000 Fax: (973) 243-4002

Website: www.Caringtouch.net

Home health care services, homemakers, companion care, live-in, 24-hour care.

ComForcare Home Care

66 Ford Rd Suite 214 Denville, NJ 07834
973-316-1400
Fax: 973-927-1887

Website: Morrisnj@comforcare.com or www.comforcare.com

Non-medical home help including companions, live-in assistants, housekeeping, etc.

From the Heart Elder Care

521 Route 515, Vernon, NJ 07462

Phone: 973-702-0209

Website: www.FromTheHeartElderCare.com

Personal care, companion services, home health aides, light housekeeping, laundry, meal preparation. Hourly up through Live-In services.

Gold Medal Home Health

1 Tamarack Drive, Kinnelon, NJ 07405

(973) 291-4622

Website: www.Goldmedalhomehealth.com

Home care (medical/non-medical), personal care, companion services, live-in home care, meal preparation, visiting private duty nursing, transportation, non-medical (shopping, errands)

Home Helpers

1220 Rt. 46 W, Suite 209, Parsippany, NJ 07054

973-588-7170 Fax: (973) 588-7171

Website: www.HomeHelpers.cc

Personal care, companionship, errands, housekeeping, transportation and more.

Home Instead

256 Belvidere Avenue, Suite A, Washington, NJ 07882

908-835-1400 Fax: 973-970-9249

Website: www.homeinstead.com/325

Home helper, personal services, Alzheimer's/Dementia care, transitional care.

PSA Health Care

1A Main Street, Unit 7, Sparta, NJ 07871

Phone: 973-512-2161

Fax: 973-579-7665

Website: www.psahealthcare.com

Provides nursing services and in-home care.

Preferred Care at Home of Northwest New Jersey

143 Lakeside BLVD. Landing, NJ 07850

(973) 512-5131

Provides Alzheimer Care, transportation, companionship, housekeeping, meal preparation, etc.

Senior Helpers

277 Fairfield Road, Fairfield, NJ 07004

973-245-9842

Website: www.Seniorhelpers.com

Provides personal and companion, in-home care.

Statewide Respite Care Program

Visiting Nurse Association of Northern NJ/Affiliated Health Service

175 South Street, Morristown, NJ 07960

973-451-4157

Provides respite for the caregiver of anyone over the age of 18 who is disabled, ill or elderly. Services may include home health aide, social or medical adult day care, private duty nursing, in-patient respite, or line-in HHA. Limited services may be provided on a regular basis or short term, as in a caregiver emergency.

Visiting Angels Living Assistance Services

328C Sparta Avenue, Sparta, NJ 07871

973-726-3010 Fax: 973-726-3018

Email: www.visitingangels.com

Non-medical home help including meal preparation, bathing/dressing assistance, errands, light housekeeping, shopping live in care flexible hourly care, etc.

Connie Rosenberg & Associates Care Management, Inc.

Care Management for Senior & Disabled Adults

20 Community Place, Suite 8

Morristown, NJ 07960

973-984-3707

<http://connierosenbergcaremanagement.com>

email: infor@rcaremgmnt.com

HOME MAINTENANCE / REPAIRS

Christian Outreach Project

1151 Gresham Road

Plainfield, NJ 07062-2022

(908) 755-4079

www.christianoutreachproject.org

Summer season home maintenance and repairs, ex. painting. Financial assistance available.

USDA Rural Repair & Rehabilitation Grants for the Elderly

521 Fellowship Road Suite 130

Mt. Laurel, NJ 08054

856-787-7700

F: 855-305-7343

Provides financial help through loans and grants to eligible seniors.

Residential Maintenance and Safe Housing of NORWESCAP

908-454-4778 or 973-862-6680

Provides minor home repairs and assists seniors who do their own maintenance.

Weatherization – New Heater, etc. No Ramps, No Snow removal, No lawn maintenance

HOSPICE

Care and support are available to the terminally ill and their loved ones. Services include home health aides, companionship and spiritual care.

Karen Ann Quinlan Hospice

99 Sparta Avenue, Newton, NJ 07860

973-383-0115

Website: www.Karenannquinlanhospice.org

Provides home care and inpatient hospice care in area hospitals for patients having a terminal illness. Attending physician must approve admission to the Hospice Program.

Compassionate Care Hospice, an Amedisys Company

500 International Dr. Unit 333 Budd lake, NJ 07828

973-726-7510 886-523-5787

Website: www.cchnet.net

Affinity Care of NJ Hospice (Serves Sussex County)

140 Littleton Road Suite 130 Parsippany-Troy Hills, NJ 07054

973-813-4999

HOSPITALS / MEDICAL CENTERS

Your local hospital can refer you to a doctor to meet your specific medical needs.

Newton Medical Center

175 High Street, Newton, NJ 07860

973-383-2121 or 973-579-8340

Website: www.atlantichealth.org/newton/

Center for Mental Health Newton Medical Center

175 High Street, Newton, NJ 07860

973-383-1533

Website: www.atlantichealth.org/newton/

Morristown Medical Center

100 Madison Avenue, Morristown, NJ 07960

973-971-5000 or 1-800-247-9580

Website: www.atlantichealth.org/morristown/

Hackettstown Medical Center

651 Willow Grove St. Hackettstown, NJ 07840

908-852-5100

Renal Center of Newton LLC

7 East Clinton Street, Newton, NJ 07860

973-940-0965

Saint Clare's Medical Center

25 Pocono Road, Denville, NJ 07834

973-625-6000 or 1-866-782-5273

Website: www.saintclares.com

Sparta Cancer Center

89 Sparta Avenue, Suite 130, Sparta, NJ 07871

973-729-7001

Zufall Community Health Center

238 Spring Street, Suite A, Newton, NJ 07860

973-862-6650

Website: www.zufallhealth.org

HOUSING

RENT GRACE: *By law, seniors over age 62, whose rent payment is due on the first day of the month, have five (5) days grace period. Information:* For a copy of the law, please write to the Office of Landlord-Tenant Information, contact [NJ Department of Community Affairs](#), P.O. Box 800, Trenton, NJ 08625-0800 or call **1-800-792-8820** or 609-292-4174; FAX 609-530-8858.

HOMELESSNESS PREVENTION: *NJ residents, who are unable to manage their rent/mortgage payments because of a temporary crisis, may be eligible for a one-time interest-free loan from the State:*

NJ Department of Community Affairs Homelessness Prevention

General information: 1-609-633-6204

Rental Assistance (*Office is in Rockaway*): 973-627-3428

NJ Office of Landlord-Tenant Information: 866-889-6270

INDEPENDENT LIVING

Bentley Commons at Paragon Village

427 Route 46 East, Hackettstown, NJ 07840

908-498-0118

Website: www.bentleyatparagonvillage.com

Brookside Terrace (Some apartments subsidized for seniors)

33 Mill Street, Newton, NJ 07860

973-383-6080 Fax: 973-383-3635

Carriage Acres (Mobile Home Park)

1 Tess Drive, Lafayette, NJ 07848

973-383-8689

Concetta Towers

75 Catlin Road, Franklin, NJ 07416

973-209-2808

Government subsidized, 62+/disabled.

Franklin House Senior Housing

1 Mill Street, Suite 107, Franklin, NJ 07416

973-823-6395

Fax: 973-823-6394

Habitat for Humanity

82 Mount View Street Newton, NJ 07860

973-940-0503

Hillside Estates

2 Skyview Drive, Franklin, NJ 07416
973-827-3707
Mobile Home Park

Hillside Manor

53 Unionville Ave, Sussex, NJ 07461
973-903-2973 or 1-800-852-7899 TTY
USD/RD subsidized, 62+/disabled

For application:

Hillside Manor
46 Sparrow Circle, Newton, NJ 07860
973-903-2973

Knoll Heights Village

39 Trapasso Drive, Sparta, NJ 07871
973-729-4311 Fax: 973-729-2750
Website: www.knollcommunities.org/kholl-heights-village
Email: info@knollcommunities.org
Government subsidized, 62+/disabled.

Liberty Towers

32 Liberty Street, Newton, NJ 07860
973-383-5191 Fax: 973-383-1181
Website: www.newtonhousingauthority.com
Email: info@newtonhousingauthority.com
Government subsidized, 62+/disabled.

Newton Town Centre

225 Spring Street, Newton, NJ 07860
Website: www.newtoncentrenj.com
973-744-5410, Ext. 146

Sandy Point Inc.

5 Wild Way, Lake Hopatcong, NJ 07849
973-663-0652
Mobile Home Park

Seasons at Sparta

84 Sparta Ave, Sparta, NJ 07871
973-729-1050

Sussex Seniors

Main Street, Sussex, NJ 07461
908-454-7000 Ext. 160
NORWESCAP subsidized, 62+, 11 units

The Hamlet at Towne Centre (55+ Adult Community)

16 Main Street, Sparta, NJ 07871

Office: 973-729-1172

Off Hours: 973-903-0268

Website: www.nouvelle.com/copy-of-hamlet-centremf

**United Methodist Communities at Bristol Glen
Continuing Care Retirement Community**

200 Bristol Glen Drive, Newton, NJ 07860

973-300-5788 Fax: 973-579-2351

Website: www.bristolglen.umcommunities.org

Assisted Living and Boarding Homes

Belle Reve Senior Living

404 East Harford Street, Milford, PA 18337

570-409-3593

Website: www.bellereveseniorliving.com

Bentley Assisted Living at Branchville

3 Phillips Road, Branchville, NJ 07826

973-250-2167 Fax: 973-948-2502

Website: www.bentleyatbranchville.com

Braemar at Walkkill

21 Riverside Drive

Middletown, NY 10941

845-695-5600

Website: www.Braemarliving.com/braemar-at-walkill/

Email: Info@braemarliving.com

Bryan Manor

600 Old Chester Road, Chester (Gladstone), NJ 07930

908-234-0687

Website: www.bryan-manor.com/

Colonial Manor at Panther Valley

1627 County Road 517

Hackettstown, NJ 07840

908-798-4400

Heath Village Retirement Community

430 Schooley's Mountain Road, Hackettstown, NJ 07840

908-852-4801

Fax: 908-852-4801

Website: www.heathvillage.com

Knoll View

8 Knoll Road, Sparta, NJ 07871

973-726-0520

Mt. Arlington Senior Living

2 Hillside Drive, Mt. Arlington, NJ 07856

973-601-0988

Website: www.fivestarseniorliving.com/communities/nj/mt-arlington-senior-living

Email address: clopatin@5ssl.com

Bentley Commons at Paragon Village

427 Route 46 East, Hackettstown, NJ 07840

908-452-6784

Website: www.BentleyAtParagonVillage.com

Assisted living and Alzheimer's assisted living.

Spring Village at Pocono

329 E. Brown Street

East Stroudsburg, PA 18301

570-426-4000

Fax: 570-426-4010

Website: www.springvillagepocono.com/index

Email: dcr@springvillagepocono.com

The Chelsea at Brookfield

1 Brookfield Court, Belvidere, NJ 07823

908-475-5556

Website: www.chelseaseniorliving.com/new-jersey-senior-care-locations/belvidere-nj/

The Chelsea at Sparta

513 Lafayette Road Sparta, NJ 07871

973-437-5400

www.chelseaseniorliving.com

United Methodist Communities at Bristol Glen (No subsidized rents)

Continuing Care Retirement Community

200 Bristol Glen Drive, Newton, NJ 07860

973-300-5788 Fax: 973-579-2351

Website: www.bristolglen.umcommunities.org

Westwind Manor

25 Main Street, Franklin, NJ 07416

973-827-6575 Fax: 973-209-3403

Email: t.tavares@westwindmanor.com

LIBRARIES

Sussex County Library System

Website: www.sussexcountylibrary.org

Offers inter-library loans, genealogical materials, reading programs, Literacy Volunteers, and cassettes for the blind and handicapped.

Main Library

125 Morris Turnpike (Homestead Road, Frankford)
Newton, NJ 07860
973-948-3660 Fax: 973-948-2071

Dennis Memorial Branch

101 Main Street
Newton, NJ 07860
973-383-4810 Fax: 973-383-1322

Dorothy E. Henry Memorial Branch

66 Route 94
Vernon, NJ 07462
973-827-8095 Fax: 973-827-8664

E. Louise Childs Memorial Branch

21 Sparta Road
Stanhope, NJ 07874 (Hopatcong)
973-770-1000 Fax: 973-770-0094

Franklin Branch

103 Main Street
Franklin, NJ 07416
973-827-6555 Fax: 973-827-9422

Sussex-Wantage Branch

69 Route 639
Wantage, NJ 07461
973-875-3940 Fax: 973-875-1336

Sparta Municipal Library

22 Woodport Road
Sparta, NJ 07871
973-729-3101

Website: www.spartalibrary.com

Library services free for Sparta residents; others may pay a fee for use.

MEDICAL ALERT SYSTEMS

Personal emergency response systems can link you to 24 hours assistance at the push of a button.

Alert 1 Medical Alert Systems

24 West Fourth Street
Williamsport, PA 17701
1-866-230-0195

Website: www.alert1.com/care

Affordable medical alert systems for older adults who are looking to remain independent. Home based systems, fall detection, mobile / GPS systems, medication monitoring systems.

Alert One

1-800-366-8056

ADT Security Services

Home Health Security Services

930 N. Riverview Drive, Ste. 800
Totowa, NJ 07512
800-269-9121

Website: <https://www.adt.com/senior-safety>

Health Watch Personal Response Systems

777 Yamato Road, Suite 350
Boca Raton, FL 33431
1-800-226-8100

Fax: 561-994-1835

Website: <https://www.homehealthprovider.com/doc/personal-response-system-0001>

Email: info@healthwatchofamerica.com

LIFE Watch USA

Customer Service: 1-800-716-1433

Fax-717-591-0665

www.lifewatch-usa.com

Medical alarms and senior safety products.

Medic Alert Foundation

1-800-432-5378

www.medicalert.org

Provides necklace and bracelet products with engraved notice about medical conditions.

Phillips Lifeline

1-855-681-5351

Website: www.lifeline.phillips.com;

MEDICAL EQUIPMENT

AM Ramp –American Ramp Systems

162 Newark Avenue
Bloomfield, NJ 07003
800-649-5215

Permanent or temporary ramps available.

Aliton's Pharmacy Home Healthcare Centers

111-113 Route 6, Milford, PA 18337 1-800-254-8667
10-12 Sussex Street, Port Jervis, NY 12771 (845) 856-6836
Website: www.alitons.com

Medical equipment, diabetic supplies, blister packaging, foot care, oxygen & respiratory, etc.

Medic Alert Foundation

1-800-432-5378
Non-emergency medical alert products.
Website: www.medicalert.org

Central Medical Supply Group

5 Laurel Drive Flanders, NJ 07836
973-927-3032

At Home Medical Care

Home Health Care Service & Supply
200 The American Rd
Morris Plains, NJ 07950
973-538-0485
www.athomemedical.org

New Jersey Hearing Aide Project

Free refurbished hearing aids for individuals over age 65 and have an income under 250% of the federal poverty level

PO Box 074, Trenton, NJ 08625-0074
609-588-2648

www.nj.gov/humanservices/ddhh/home/hearingaidproject

MENTAL HEALTH/COUNSELING SERVICES

*Individual and Family Counseling can assist seniors who are facing adjustments
In their lives.*

Atlantic Behavioral Health

175 High Street, Newton, NJ 07860

973-383-1533 Fax: 973-383-9309

Website: www.atlantichealth.org/conditions-treatments/behavioral-health.html

*Psychiatric Emergency Services & Screening Center: Newton Medical center is a state-designated Psychiatric Emergency Services and Screening Center, providing 24-hour emergency mental health care to patients of any age, both over the phone and in person. Services include risk assessments, screening, crisis intervention and stabilization, emergency psychiatry, and referrals to other resources. When necessary, out team can respond to crises on location in the community.

Summit Oaks Hospital

19 Prospect Street, Summit, NJ 07901

800-753-5223

Website: www.summitoakshospital.com

Acute psychiatric and substance abuse treatment

Saint Clare's Health System Behavioral Health

130 Powerville Road, Boonton Township, NJ 07005

Main Number: 973-316-1800

Schedule an Appointment: 888-626-2111

***Mental Health Association of Essex and Morris, INC.**

www.MHAinspire.org

***Intensive Family Support Services of Sussex County**

Support for Families & Friends of Individuals with Mental Illness

83 Spring St, Suite 302B Newton, NJ 07860

973-579-4399 Ext 606

***Wellness Hub (9am to 9pm)**

Mental Health Urgent care & Drop-in Support Center (support groups, therapy & medication management)

83 Spring St, Suite 303 Newton, NJ 07860

973-840-1850

Email: wellnessHUB@mhainspire.org

Bridgeway Rehabilitation Services: Community Partners in Mental Health

(Integrated Case Management Services, Partial Care, Supportive Housing & Homeless Outreach)

93 Stickles Pond Road Newton, NJ 07860

973-383-8670

Advance Housing, Inc. Housing, Community & Opportunity

Clinical Mental Health Case Management

14 Main St. Sparta, NJ 07871

973-940-8882 ext. 206

Advanced Behavioral Counseling of NNJ, LLC (Accepts Medicare)

Integrative Behavioral Services

Medication Management & Psychotherapy

55 Newton-Sparta Rd Suite 104

Newton, NJ 07860

973-579-9394

www.abcnnj.com

New Bridge Non-profit Counseling Service

70 Sparta Ave. Sparta, NJ 07871

973-726-0697

www.newbridge.org

Hope & Serenity Recovery Community Center

33 Wilson Drive Unit D Sparta, NJ 07871

www.HASRCC.org

973-737-8448

Peer Support

Groups: Alcoholics Anonymous, Trauma Support Groups, Family Support Groups, Depression & Bipolar Support Groups, Mental Wellness Support Groups

Recovery Coaching Available

Resource Center: Computer, Wi-Fi access, printers, telephones

NURSING HOMES

New Jersey Office of the Long-Term Care Ombudsman Nursing Home Complaints

PO Box 852

Trenton, NJ 08625-0852

877-582-6995

www.nj.gov/lcco

email: ombudsman@lcco.nj.gov

Complete Care at Barn Hill

249 High Street, Newton, NJ 07860

973-383-5600

Website: www.completecarebarnhill.com

Email: info@completecarebarnhill.com

Clover Rest Home

28 Washington Street, P.O. Box 223, Columbia, NJ 07832

908-496-4307 Fax: 908-496-8133

Website: cloverresthome@aol.com

Long term, short term, respite and hospice care.

Forest Manor Health Care Center

145 State Park Road, Hope, NJ 07844

908-459-4128

Website: www.forestmanorhcc.com

Email: info@forestmanorhcc.com

Homestead Rehabilitation and Health Care Center

129 Morris Turnpike

Newton, NJ 07860

973-948-5400

Website: www.homesteadrhcc.com

Email: info@homesteadrhcc.com

House of the Good Shepard

798 Willow Grove Street, Hackettstown, NJ 07840

908-684-5900

Website: www.hotgs.org

Email: info@hotgs.org

Merry Heart Senior Care

200 Route 10 west Succasunna, NJ 07876

973-584-4000

United Methodist Communities at Bristol Glen

Continuing Care Retirement Community
200 Bristol Glen Drive, Newton, NJ 07860
973-300-5788
Website: www.bristolglen.umcommunities.org

Limecrest Subacute and Rehabilitation Center

1 O'Brien Lane
Lafayette, NJ 07848
973-363-9100
www.limecrestrehab.com

Valley View Rehabilitation and Health Care Center

1 Summit Ave, Newton, NJ 07860
973-383-1450
Website: www.valleyviewrhc.com
Email: info@valleyviewrhcd.wpengine.com

www.Medicare.gov has a great database that provides ratings of nursing homes. You can search by zip codes, town, county or ratings.

NJ Department of Health and Senior Services Long Term Care Facilities search. The database contains assisted living and day care facilities as well as nursing homes.

<http://web.doh.state.nj.us/apps2/healthfacilities/fssearch.aspx>

PHARMACEUTICAL PROGRAMS for New Jersey Seniors

PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED (PAAD)

*This program assists low-income NJ residents who are aged (65) and/or disabled for the purchase of prescription drugs. Under the program, the PAAD clients pay \$ 6.00 & \$7.00 for each prescription and are credited \$225 off the electric bill through Lifeline. For income eligibility, call **Senior Services at 973-579-0555.***

PAAD/Lifeline

Sussex County Division of Senior Services
One Spring Street, 2nd Floor, Newton, NJ 07860
973-579-0555
1-877-222-3737

PAAD recipients are eligible for \$225 off electric bill.

PAAD Trenton, NJ

1-800-792-9745

Motor Vehicle Registration Discount: Available to PAAD recipients. Seniors should call the Division of Motor Vehicles for information. The discount depends on the age and weight of vehicle.

Toll Free: 1-888-486-3339

SENIOR GOLD CARD

This is a NJ State program for those whose income exceeds the PAAD guidelines. Under this program, there is a \$2,000 cap for singles and \$3,000 cap on out-of-pocket expenses for covered prescriptions. Once your out-of-pocket expenses reach your maximum cap, you pay only \$15 per prescription during your annual eligibility period.

For a Senior Gold Card application and information on income eligibility, contact Senior Services, 973-579-0555.

Familywise Prescription Drug Discount Card

United Way of Sussex County
973-579-3040

www.familywise.org

Printed card available online

GARDEN STATE PRESCRIPTION SAVINGS PROGRAM

This program is designed to provide eligible Sussex County residents with savings of up to 50% on prescriptions. It is for those who do not have any prescription program. No age or income restrictions.

1-800-633-0037

REFERRAL SERVICES

2-1-1 of Sussex County

NORWESCAP, Inc.

350 Marshall Street

Phillipsburg, NJ 08865

Call 2-1-1 or 1-888-454-4778 toll free

Website: www.211.org

Free service providing easy access to the health, human services community resources, and government assistance people need every day, as well as in times of crisis. Available 24 hours a day, 7 days a week.

Eldercare Locator

1-800-677-1116

This is a public service of the Administration on Aging, US Department of Health and Human Services. Service provides assistance in locating senior services throughout the country. Operators are available Monday through Friday, 9:00 AM – 8:00 PM Eastern Time.

Sussex County Division of Senior Services

One Spring Street, 2nd Floor

Newton, NJ 07860

973-579-0555

www.sussex.nj.us/seniorservices

Email: seniorservices@sussex.nj.us

*Information, assistance and referral to services, programs, entitlements for seniors.
Monday thru Friday, 8:30 Am to 4:30 PM.*

SENIOR FRAUD

Elder Fraud Investigations Unit

(Newark Office)

973-504-6200

800-242-5846

Senior Hotline

1-877-746-7850

(For complaints)

Division of Consumer Affairs

Toll Free: 1-800-242-5846

973-504-6200

The Division of Consumer Affairs is responsible for enforcing the New Jersey Consumer Fraud Act and is dedicated to protecting the rights of citizens. This Division is also targeting the State's older citizens in an effort to identify and assist victims of fraud.

The Division of Consumer Affairs receives more than 3,000 home-improvement-related complaints each year. Warning signs:

1. Worker requests a large payment before work can begin.
2. Demands cash.
3. Says there is no need for a written contract.
4. Does not have a business address nor a State license number.

If you become a victim of identity theft, file a police report and keep a copy of it in case your creditors need proof of the crime. Never give out your Social Security Number over the phone or in person to a stranger.

Senior Medicare Patrol

Jewish Family & Vocational Service

32 Ford Avenue, 2nd Floor

Milltown, NJ 08850

1-732-777-1940, Ext. 1154

SOCIAL SECURITY

Social Security Administration (Newton Office)

20 E. Clinton Street

Newton, NJ 07860

1-800-772-1213

TTY 1-800-325-0778

Social Security is a federal insurance program to provide income security to those 65 and older, and to the disabled.

SUPPORT GROUPS

There are various support groups that meet throughout the County. The purpose of these groups is to offer mutual support and understanding to patients and/ or caregivers. Resources are shared. Guest speakers may present information. Some groups are listed here.

For more information, consult the local newspapers for times and locations of various support groups.

Alzheimer's/Dementia Support Groups

Newton Medical Center

Designed to provide emotional and educational support for caregivers to learn more about the disease. It also provides a chance to share feelings and concerns.

Call 973-579-8600 for information. Pre-register: 1-800-247-9580

Meets the 4th Saturday at 10:00 a.m.

Bereavement Group

Joseph T. Quinlan Bereavement Center

5 Plains Road, Augusta, NJ 07822

973-948-2283

*Meets the 1st * and 3rd Wednesday each month from 12:30 p.m. – 2:00 p.m.*

*2nd Monday each month from 7:00 p.m. – 8:30 p.m. *The support group meeting held on the first Wednesday of the month is for anyone who is experiencing their first 13 months of bereavement.*

Breast Cancer

973-285-8018

Meets the 2nd Tuesday of the month, 6:30 PM at the Sparta Health & Wellness Center. Co-sponsored by Newton Medical Center and the American Cancer Society.

Caregiver Support Group

Sussex County Division of Senior Services

973-579-0555, Ext. 1288

Meets the 1st Friday of the month, 2pm – 3pm on ZOOM. Please call to register.

Meets the 3rd Tuesday of the month, 5:30pm – 6:30pm at the Hopatcong Civic Center, 32 Lakeside Boulevard, Hopatcong, NJ.

Diabetes

973-579-8340

Meets 1st Wednesday of each month, 10:00 AM at Newton Medical Center.

General Cancer Support Group

973-579-8620

Meets the 4th Tuesday of each month, 5:30 PM at Newton Medical Center. Call to confirm.

Parkinson's Disease Later Onset Support Group

Robert Wood Johnson Hospital

One Robert Wood Johnson Place, New Brunswick, NJ 08901

1-732-745-7520 – Referral Center

Call for referral to local support group.

Stroke Support Group

973-579-8600

Meets the 4th Tuesday of the month, 7:30 PM at Newton Medical Center

United Way of Norther New Jersey Caregiver Coalition

Provides: Virtual Educational programs, The Informed Caregiver Education Series, Caregiver Toolbox, Member Directory & Pathways for Caregivers Resource Guide

www.caregiversupport.unitedwaynj.org

Robin Ennis 973-993-1160 ext. 305

TAXES

NJ Division of Taxation

1-609-292-6400

Provides information on special exemptions and tax deductions available for seniors.

Property Tax Reimbursement

1-800-882-6597

Those who are eligible are homeowners, age 65 or older, or receiving Federal Social Security disability benefits, and who paid property taxes on their principal residence in New Jersey.

Applicants must be NJ residents for at least 10 years, and living in their current home for the last 3 years. Applicants must meet certain income limits for both the “base year” (year the applicant first became eligible) and the application year.

Homestead Rebate

Automated 1-888-238-1233

Eligible homeowners are those who pay property taxes on their principal residence in New Jersey, and whose gross income does not exceed \$100,000 (\$40,000 for homeowners who are not 65 years of age or disabled.)

Inheritance Tax: *Any property that you inherit from your spouse is not subject to the Inheritance Tax.*

Senior Citizens’ Annual Property Tax Deduction: *Annual deduction of up to \$250 from property taxes for homeowners age 65 or older, or disabled, who meet certain income and residency requirements is administered by your local municipality.*

Veterans’ Deduction: *Annual deduction from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses is \$250. This benefit is administered by the local municipality.*

VITA (Volunteer Income Tax Assistance) *is available for seniors, people with disabilities and low-income individuals during income tax season through the Division of Senior Services. For an appointment call:*

Skylands RSVP – Phone number changes every year. Please call the Division of Senior Services at 973-579-0555 for the current phone number to schedule an appointment.

TRANSPORTATION

Assisted Transportation – Skylands Ride

Division of Community & Youth Services
One Spring Street, 2nd Floor, Newton, NJ 07860
973-579-0480

Provides transportation for medical appointments and shopping, with additional assistance as needed. Example: help from home to car. Need two to three weeks notice.

Medicaid Medical Transportation (Modivcare) – 1-866-527-9933

Sussex County Skylands Ride (Transportation)

One Spring Street, Newton, NJ 07860 973-579-0480

Paratransit – for seniors and people with disabilities

In County - local errands: nutrition sites, dialysis, medical appointments, shopping, hairdresser, bank, community services, education/training, employment.

Out of County- non-emergency medical appointments, dialysis, therapy, radiation treatments, mental health, specialized hospitals, and Veterans facilities.

Monday – Friday, 5AM – 6:30PM

No Fare – Suggested donations: \$1.50 in county; \$3.00 out of county

Reservation required: Call 973-579-0480, then press 1

All vehicles are accessible.

Public Transit- available to the general public

Two (2) circular routes within Sussex County

Monday – Friday, 5AM – 6:30PM

Fare: \$1.50 one way, exact change required

Municipal Transit:

Some municipalities offer senior transportation services:

Byram Senior Transportation 973-347-2500

Hopatcong Senior Transportation 973-770-1200

Newton Senior Shuttle 973-534-2967

Sparta Senior Transportation 973-729-8542 *(For Sparta, call between 1:00 and 3:00 PM.)*

NJ Transit Reduced Fair Program: Seniors, 62 or older, and handicapped individuals, can pay half fare on buses and trains in New Jersey, New York and Pennsylvania. This program is limited to off-hours, weekends and State Holidays. People 65+ may use their Medicare card for identification when purchasing a ticket. All others must complete an application for a reduced fare card. Applications are available from the Division of Senior Services: 973-579-0555.

NJFindARide www.njfindaride.org

To find transportation services in your area.

Above the Rest Transport LLC

514D Lafayette Road

Sparta, NJ 07871

www.abovetheresttransport.com

973-940-1881

Saint Clare`s Health Senior Transport Services

Transport to Saint Clare`s health facilities only

\$20 ambulatory round trip

\$40 wheelchair assistance round trip

973-537-5615

UTILITY ASSISTANCE

Heating Fuel Assistance

NORWESCAP

908-454-4778 (Fuel emergency)

973-209-7549

Assistance in paying fuel bills for eligible clients.

Lifeline

1-800-792-9745

PAAD card holders receive \$225 off their electric bill annually.

LIHEAP & USF

1-800-510-3102

Send e-mail to: energyassistance@ncat.org

Website: www.nj.gov/dca/divisions/dhcr/offices/energy.html

Financial assistance for heating and cooling expenses for eligible clients.

NJ SHARES

1-866-657-4273

Website: www.njshares.org

Financial assistance for electricity bills for eligible clients.

State of NJ Board of Public Utilities

44 S. Clinton Avenue

Trenton, NJ 08625

1-800-624-0241

Website: www.bpu.state.nj.us

Addresses consumer issues.

State of NJ Board of Public Utilities, Office on Cable TV

2 Gateway Center, 8th Floor

Newark, NJ 07102

1-800-624-0331

Provides assistance in resolving consumer problems with local cable companies. (Call your local cable company first.)

VETERANS SERVICES

Veterans Administration

New Jersey Health Care System

Morristown Outpatient Clinic

340 West Hanover Avenue Morristown, NJ 07960

973-539-9791

Veterans Services

479 W. Clinton Street, Dover, NJ 97801

Dover, NJ 07801

973-366-8347

Veterans Center

2 Broad St., Suite 703, Bloomfield, NJ 07003

973-748-0980

Website: www.vetcenter.va.gov

Veterans Housing Services:

Catholic Charities in the Diocese of Paterson & Archdiocese of Newark

Community Hope & Supportive Services for Veteran Families (SSVF)

24 Hour Hotline-855-SOS-VETS or 855-767-8387

www.communityhope-nj.org

NNJ Veterans Memorial Cemetery

75 North Church Road

PO Box 82

Sparta, NJ 07871

973-896-2460

www.nnjveteransmemorialcemetery.org

Veterans Service Officer-Sussex County

State of New Jersey

Department of Military & Veterans Affairs

Bill.robinson@dmava.nj.gov

973-366-0245

New Jersey Veterans` Benefit Guide

Website: www.nj.gov/military/veterans

FOR VETERAN ID CARDS, PLEASE CONTACT THE COUNTY CLERK'S OFFICE AT 973-579-0900. YOU MAY VISIT THEIR OFFICE AT 83 SPRING STREET, NEWTON, NJ, OR ON THE INTERNET AT www.sussexcountyclerk.com

VA HOSPITALS AND CLINICS:

Castle Point VA Hospital

Rt. 9D, Castle Point, NY 12511
1-845-831-2000

East Orange VA Hospital

385 Tremont Avenue, East Orange, NJ 07017
973-676-1000

Hudson Valley VA Clinic

150 Pike Street, Port Jervis, NY 12771
1-845-856-5396

Lyons VA Hospital

151 Knollcroft Road, Lyons, NJ 07939
1-908-647-0180

Morris Plains VA Outpatient Clinic

340 West Hanover Avenue, Morris Plains, NJ 07960
973-539-9791 Ext. 9794

Newton VA Outpatient Clinic

222 High Street, Newton, NJ 07860
973-756-1504

Veterans' Property Tax Deduction: *Annual deduction from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses is \$250. This benefit is administered by the local municipality.*

VOLUNTEERISM

Volunteer opportunities are available throughout the County. Specialized training may be provided. Each community hospital has a volunteer program for those who enjoy working in a hospital environment.

Pass It Along

75 State Route 15, Unit 62

Lafayette, NJ 07848

973-726-9777

Provides various volunteer opportunities for seniors.

Skylands RSVP: Volunteer Resource Center

21 Pine Street, Suite 101, Rockaway, NJ 07866

973-784-4900

Provides volunteer opportunities in Sussex County for seniors age 55+.

SCORE: Service Corps of Retired Executives

Morristown, NJ 07960

Website: www.northwestnj.score.org/

Email: help@score.org

Proudly serving Morris, Sussex & Warren Counties via face to face, phone and Skype counseling. With 50 mentors from about as many different fields and industries, we have the experience to help you start a business or grow your existing business.

SHIP – State Health Insurance Program

Sussex County Division of Senior Services

One Spring Street, 2nd Floor, Newton, NJ 07860

973-579-0555 x 1223

Volunteers provide free help to older persons who have problems with or questions about their health insurance.

V.I.T.A. (Volunteer Income Tax Assistance)

Contact the Division of Senior Services at 973-579-0555, as the phone number changes each year.

Website: www.norwescap.org/financial-capacity-building/vita

Offers assistance on income tax preparation for seniors and those with limited resources.

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