

Covid-19 Symptom Screening Self-Assessment

The County requires that its employees perform a self-check prior to leaving their home, and again, note their physical presentation upon arrival at work. In the event they are experiencing any symptoms noted below, they are advised to stay home and contact their supervisor (or if at work, leave the workplace immediately, advising their supervisor).

Do you have a temperature 100.4°F (38°C) or higher?

In the past 24 hours, have you experienced any of the following symptoms?

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

In the past 24 hours, have you experienced any of the following symptoms? (Note: The symptoms listed below are considered more serious symptoms of Covid-19. If you have any of the symptoms listed below, please seek emergency care.)

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

To the best of your knowledge, have you come into contact with any person who has tested positive for Covid-19 for or shown any of the symptoms listed above?

Do you have any reason to believe that you or any member of your household currently has a Covid-19 infection or has been exposed to someone with a Covid-19 infection?

If you answered yes to any of the questions above, please remain at home and notify your immediate supervisor and your health care provider.