

Crisis Intervention

Newton Medical Center

Psychiatric Emergency Services 973-383-0973

Provides 24/7 crisis intervention, mobile outreach, psychiatric services, counseling referrals and, when appropriate, short term hospitalization for children and adults.

Children's Mobile Response and Stabilization Services 1-877- 652-7624

Mobile Response and Stabilization Services are available 24 hours a day, seven days a week, to help children and youth who are experiencing emotional or behavioral crises. The services are designed to defuse an immediate crisis, keep children and their families safe, and maintain the children in their own homes or current living situation (such as a foster home, treatment home or group home) in the community.

Outpatient Counseling Services

NewBridge Services, Inc.: 973-316-9333—central access

Knoll Place, Suite 104, 70 Sparta Ave., Sparta

Provides outpatient psychiatric and counseling services to children, adolescents and adults.

Capitol Care: 1(844)437- 3482, ext 2392

7 Waterloo Road, Stanhope

Services to adults with psychiatric, substance abuse and developmental disabilities, including individual counseling, addictions group therapy, and a variety of other groups.

Center for Prevention and Counseling: 973-383-4787

61 Spring Street, 3rd Floor, Newton

Offers a range of services for those with a primary substance use and co-occurring disorders as well as family members. Individual and group treatment based on client needs. Programs include early intervention, outpatient, and intensive outpatient for adolescents and adults.

Youth Advocate Program: (Adults too) 973-729-3617

350 Sparta Ave, Bldg C1, Sparta

Provides outpatient counseling to children, adolescents and adults.

Newton Medical Center for Mental Health: 973-383-1533

175 High Street, Newton

Outpatient Services: Individual & group counseling for mental health conditions (youth, adults, families) & substance use conditions (adults). Psychiatric evaluation & medication management (adults).

Acute Partial Hospitalization/Intensive Outpatient: 973-579-8681

Offering individual, group & family therapy for mental health & co-occurring conditions, psychiatric evaluation & medication education, skill building groups, case management.

First Step Program: 888-247-1400

Intensive outpatient integrated treatment for adults with co-occurring psychiatric and substance use disorders. Services include group and individual counseling, family counseling, medication management and drug testing.

Support for Families

Mental Health Association of Essex/Morris:

973-579-4399 ext.606

Intensive Family Support Services

Offers supportive activities to improve the quality of life for families with a relative with mental illness. Provides the knowledge, skills, and supports useful to a family's overall functioning and sense of control. Services are free of charge.

NAMI - Sussex:

973-214-0632

An all-volunteer non-profit organization that provides free support, education and advocacy on behalf of individuals and families affected by mental illness.

Family Partners of Morris/Sussex Counties:

973-940-3194

Warm line telephone support for family members and caregivers. Information, referral and support groups. Available M-F

Information & Referral

Project Family Connect/Central Intake: **1-844-807-3500**

Connects women, men, children and families residing in Sussex/Warren Counties with many resources including but not limited to transportation, housing, insurance, child care, education, job training, parenting assistance, home visitation, smoking and addiction services as well as services targeted at veterans and senior citizens.

Self Help/Social Support

Peer Recovery Warm Line

877-292-5588

Free mental health support, information and referral from peers. Mon. - Fri. 8 am-10 pm, Sat. & Sun. 5 pm-10 pm

Peer-to-Peer Support Line

877-760-4987

Free mental health support from peers 5 pm-10 pm, nightly

NJ Hopeline

855-654-6735

24/7 peer support and suicide prevention

National Suicide Prevention Lifeline:

800-273-TALK (8255)