

## ***Crisis Intervention***

### **Newton Medical Center**

#### **Psychiatric Emergency Services 973-383-0973**

Provides 24/7 crisis intervention, mobile outreach, psychiatric services, counseling referrals and, when appropriate, short term hospitalization for children and adults.

#### **Children's Mobile Response and Stabilization Services 1-877- 652-7624**

Mobile Response and Stabilization Services are available 24 hours a day, seven days a week, to help children and youth who are experiencing emotional or behavioral crises. The services are designed to defuse an immediate crisis, keep children and their families safe, and maintain the children in their own homes or current living situation (such as a foster home, treatment home or group home) in the community.

## ***Outpatient Counseling Services***

### **NewBridge Services, Inc.: 973-316-9333—central access**

Knoll Place, Suite 104, 70 Sparta Ave., Sparta

Provides outpatient psychiatric and counseling services to children, adolescents and adults.

### **Center for Prevention and Counseling: 973-383-4787**

61 Spring Street, 3rd Floor, Newton

Offers a range of services for those with a primary substance use and co-occurring disorders as well as family members. Individual and group treatment based on client needs. Programs include early intervention, outpatient, and intensive outpatient for adolescents and adults.

### **Youth Advocate Program: (Adults too) 973-729-3617**

328 South Sparta Ave, Suite E, Sparta

Provides outpatient counseling to children, adolescents and adults.

### **Newton Medical Center for Mental Health: 973-383-1533**

175 High Street, Newton

Outpatient Services: Individual & group counseling for mental health conditions (youth, adults, families) & substance use conditions (adults). Psychiatric evaluation & medication management (adults).

### **Acute Partial Hospitalization/Intensive Outpatient: 973-579-8681**

Offering individual, group & family therapy for mental health & co-occurring conditions, psychiatric evaluation & medication education, skill building groups, case management.

### **First Step Program: 888-247-1400**

Intensive outpatient integrated treatment for adults with co-occurring psychiatric and substance use disorders. Services include group and individual counseling, family counseling, medication management and drug testing.

## ***Support for Families***

### **Mental Health Association of Essex/Morris:**

**973-579-4399 ext.606**

Intensive Family Support Services

Offers supportive activities to improve the quality of life for families with a relative with mental illness. Provides the knowledge, skills, and supports useful to a family's overall functioning and sense of control. Services are free of charge.

### **NAMI - Sussex:**

**973-214-0632**

An all-volunteer non-profit organization that provides free support, education and advocacy on behalf of individuals and families affected by mental illness.

### **Family Partners of Morris/Sussex Counties:**

**973-940-3194**

Warm line telephone support for family members and caregivers. Information, referral and support groups. Available M-F

## ***Information & Referral***

### **Project Family Connect/Central Intake:** **1-844-807-3500**

Connects women, men, children and families residing in Sussex/Warren Counties with many resources including but not limited to transportation, housing, insurance, child care, education, job training, parenting assistance, home visitation, smoking and addiction services as well as services targeted at veterans and senior citizens.

## ***Self Help/Social Support***

### **Peer Recovery Warm Line**

**877-292-5588**

Free mental health support, information and referral from peers. Mon. - Fri. 8 am-10 pm, Sat. & Sun. 5 pm-10 pm

### **Peer-to-Peer Support Line** **877-760-4987**

Free mental health support from peers 5 pm-10 pm, nightly

### **NJ Hopeline**

**855-654-6735**

24/7 peer support and suicide prevention

### **National Suicide Prevention Lifeline:**

**800-273-TALK (8255)**