## Sussex County Department of Health & Human Services, Division of Senior Services One Spring Street, 2<sup>nd</sup> Floor, Newton, NJ 07860 973-579-0555 Fax: 973-579-0550 Email: seniorservices@sussex.nj.us

## NEEDS ASSESSMENT SURVEY

As the Area Agency on Aging, the Sussex County Division of Senior Services is always trying to assess the need for supportive services among people **60 years of age and over**.

Please take a few moments to fill out both sides of this survey form. You need not give your name, but if you would like information, please include your name and address so that we can contact you. When you finish completing the survey, return it **no later than June 1, 2021**. Thank you for your input!

Gender:   D   Male   D   Female   Age:   Town/City						
Marital Status:  □ Single	□ Married	□ Widowed	□ Separated/Divorced			
<b>Residence:</b> □Own Home	□Rent Apartment/House	□Subsidized Housing	□			
Living Situation:  □Alone	□ With Spouse/Life Partn	her 🗆 With Adult Child	Other			
<b>Income:</b> $\Box$ Less than \$15,0	, , ,	, , ,	□ \$40,000 - \$59,999			
□ \$60,000 - \$	$\Box \text{ Over } \$75,000$ $\Box \text{ Over } \$75,0$	00				
Ethnicity:   African Amer	rican 🗆 Asian 🗆 Caucasi	ian 🗆 Hispanic 🗆 Ot	ner			

For the following questions, indicate whether a given situation is or is not a problem for <u>YOU</u>, <u>personally</u>:

	Not a Problem	Sometimes a Problem	Frequently a Problem	Not Applicable
1. Health/Health Insurance				
a. Taking care of yourself (bathing, dressing, etc.)				
b. Obtaining home health services				
c. Discussing health related issues with your doctor				
d. Ability to participate in physical activity 3 times per week				
e. Ability to eat a balanced diet of lean meats,				
fruits/vegetables and whole grains.				
f. Accessing preventative health services (vaccines/screenings)				
g. Having adequate health insurance/dental coverage				
h. Having prescription coverage				
i. Understanding health insurance/prescription coverage				
j. Keeping up with medical costs				
2. Income				
a. Having enough money for food, shelter or clothing				
b. Ability to pay for heat and other utilities				
c. Knowing who to contact for help with household budgeting/finances				
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	Not a	Sometimes a	Frequently a	Not
	Problem	Problem	Problem	Applicable
3. Housing				
a. Cleaning/tidying your home				
b. Maintaining your home (shoveling, mowing,				
small repairs, etc.)				
c. Being able to pay for home repairs				
d. Obtaining affordable housing				
4. Safety/healthcare				
a. Avoiding accidents/hazards in the home				
(ex: falling)				
b. Access to in county non-emergency medical care.				
c. Ability to fill/take medication as prescribed.				
d. Having an emergency preparedness plan in place				
that others are aware of.				
5. Transportation				
a. Transportation for doctor visit, shopping, etc.				
b. Using public transportation (bus/rail)				
c. Driving my own vehicle wherever I need to go.				
6. Family Support/Caregiver				
a. Over the age of 60 and receiving care/assistance				
from an adult family member/friend				
b. Over the age of 60 and providing care to:				
An older adult (age 60+)				
c. A disabled child				
d. Grandchild (full responsibility)				
7. General Information				
a. Knowing where to turn for information on				
benefits/services/legal services/programs for senior	8			
b. Having access to the Internet				
8. Substance Abuse/Tobacco				
a. Does substances/alcohol affect your daily life?				
b. Does the use of tobacco products affect your health?				
9. Mental Health				
a. Do mental health symptoms affect your daily life?				
b. Do you have access to social/recreational activities	?			

If you would like someone to contact you for information regarding service/benefits to seniors, please include your name and telephone number below:

Name:\_\_\_\_\_

Telephone:\_\_\_\_\_

Email Address:\_\_\_\_\_