

# SUSSEX COUNTY SENIOR TIMES

A Publication of the Sussex County Department of Health and Human Services, Division of Senior Services

Volume 12, Issue 12

DECEMBER 2022

## Sussex County Department of Health and Human Services, Division of Senior Services Offers Assistance with PAAD, SLMB and LIHEAP Applications

The Sussex County Department of Health and Human Services, Division of Senior Services will be providing assistance in completing applications for the following programs.

1) The Pharmaceutical Assistance for the Aged & Disabled (PAAD) is a New Jersey state funded program that assists low-income NJ residents who are age (65) and/or disabled with the purchase of prescription drugs. Under the program, the PAAD clients pay \$5.00 or \$7.00 for each prescription and are credited \$225 off their electric bill. Enrollment is open year round. Below are the maximum income and asset eligibility guidelines.

Individual Income: \$38,769 yr.

Married Income: \$45,270 yr.

Assets: No Limit

2) The Specified Low Income Medicare Beneficiary (SLMB) is a New Jersey state funded program that assists very low-income NJ residents who are age (65) and/or disabled with paying the Medicare Part B premium. Enrollment is open year round. Below are the maximum income and asset eligibility guidelines.

Individual Income: \$1,379 month /Assets: \$8,400

Married Income: \$1,851 month /Assets: \$12,600

3) The Low-Income Home Energy Assistance Program (LIHEAP) is a federally funded program designed to help low-income individuals meet home heating and medically necessary cooling costs. This year the application period is October 1, 2022 to June 30, 2023. Below are the maximum income and asset eligibility guidelines.

1 Person Household Income: \$3,464 month

2 People Household Income: \$ 4,530 month

3 People Household Income: \$ 5,596 month

Assets: No Limit

To schedule an appointment, please call the Division of Senior Services at 973-579-0555, ext. 1221



## AARP "Smart Driver" Two-Day Course for Motorists Over Age 50

This is a new and improved course. Learn how to avoid driving hazards, recognize changes in vision, hearing and reaction time. You will also receive a three year discount on your auto insurance.

**Wednesday, December 14, 2022**

**9:15 a.m. – 12:45 p.m.**

**and**

**Thursday, December 15, 2022**

**1:15 p.m. – 4:45 p.m.**

This is a **two-day** class.

Sussex County Main Library

125 Morris Turnpike

Newton, NJ 07860

**Fee: \$20 for AARP members**

**(Must show your AARP card)**

**\$25 for non-members**

**FREE for participants who have AARP or United Healthcare as their Medicare Supplement.**

Space is limited.

Pre-paid registration must be received by  
December 12, 2022.

**Send check made payable to AARP to:**

Sussex County Division of Senior Services

One Spring Street, Newton, NJ 07860

(973) 579-0555, ext. 1277

**SUSSEX COUNTY DIVISION OF HEALTH  
OFFICE OF PUBLIC HEALTH NURSING**

**KNOW YOUR NUMBERS**



**COMPLETE METABOLIC PROFILE BLOOD  
SCREENING**

Includes: Lipid Profile Tests (Cholesterol), Glucose (Blood Sugar), Liver Function Tests, Kidney Function Tests, Complete Blood Count... and more

Blood work helps us find problems you cannot see from the outside.

**DATE:** Saturday, December 17, 2022

**LOCATION:**

Sussex County Office of  
Public Health Nursing  
201 Wheatsworth Road, 1st floor  
\*Hardyston, NJ 07419

(\*use Hamburg for GPS)

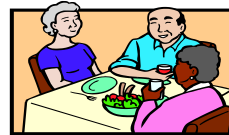
**TIME:** 8:30AM-10:30AM

Call for an appointment 973-579-0570 x 1211.

FEE: \$50.00 - Cash or check only. Please make checks payable to County of Sussex.

Medicare and Medicaid are not accepted. The Office of Public Health Nursing does not bill private insurance

Sussex County Office of Public Health Nursing (973) 579-0570 Ext 1211 for English-Ext 1248 for Spanish.



**Attention Seniors age 60+!**

**Nutrition Sites in Sussex County**

Join us for a nutritious midday meal, socialize and make new friends, enjoy recreational activities at one of our senior sites.

Franklin Senior Center  
George Labance Road  
Franklin, NJ  
973-827-2973

Vernon Senior Center  
21 Church Street  
Vernon, NJ  
973-764-5454

Hopatcong Civic Center  
32 Lakeside Blvd, Hopatcong, NJ  
862-206-5373

Call a day ahead by 10 a.m. to make your reservation for the next day.

There is a suggested donation of \$2 per meal. Donations are voluntary and strictly confidential.

Need Transportation?

Call Sussex County Skylands Ride at 973-579-0480

Social and recreational activities include exercise, yoga, crafts, Wii games/tournaments, theme parties, guest speakers, health-promotion courses, and more! Activities vary by site.

This program is funded and administered by the Sussex County Division of Senior Services under Title III of the Older Americans Act.



**The Sussex County Department of  
Health and Human Services  
and the  
Division of Senior Services  
would like to wish you and your family  
peace and joy this holiday season and in the  
New Year!**

Sussex County

Department of Health and Human Services

Division of Senior Services

One Spring Street, 2<sup>nd</sup> Floor, Newton, NJ 07860

Phone: 973-579-0555 ~ Fax: 973-579-0550

[www.sussex.nj.us/seniorservices](http://www.sussex.nj.us/seniorservices)

Email: [seniorservices@sussex.nj.us](mailto:seniorservices@sussex.nj.us)

*Read this newsletter online:*

<https://www.sussex.nj.us/documents/SeniorTimes.pdf>

Subscribe: [sussex\\_senior\\_news@lists.cit-e.net](mailto:sussex_senior_news@lists.cit-e.net)

Unsubscribe: [sussex\\_senior\\_news-leave@lists.cit-e.net](mailto:sussex_senior_news-leave@lists.cit-e.net)